

ONE FREE MEAL with every \$80 spend to the value of \$7.20\*

THE NEW 2021

# EASTER MENU



LF SR HP GF

## #061 SALMON TERIYAKI \$10.90

Salmon fillet with a sweet teriyaki sauce served with rice, beans and broccoli (300g)



FR SR HF GF

## #400 BBQ LAMB ROAST \$7.90

Tender slices of roast lamb with a BBQ sauce served with potatoes, spinach and pumpkin (280g)

## #421 HAWAIIAN PARMIGIANA \$7.60

Served with a layer of tomato sauce, ham, a slice of pineapple and cheese (280g)



CONTAINS GLUTEN

FR HP HF

DF DAIRY FREE

FR FAT REDUCED

GF GLUTEN FREE

HF HIGH FIBRE

HP HIGH PROTEIN

LF LOW FAT

LS LOW SALT

SR SALT REDUCED



**#403 ROAST CHICKEN BREAST WITH APRICOT & ALMOND STUFFING \$7.60**

Sliced roast chicken breast with apricot & almond stuffing, served with roast potatoes, carrots and broccoli (280g)



LF SR HP HF GF



FR SR GF DF

**#96 CHICKEN AND CORN SOUP \$3.20**

A delicious creamy soup (180g)

**#189 CHOCOLATE MOUSSE \$3.80**

A classic chocolate mousse topped with cream (100g)



GF LS



GF LS

**#187 CHOCOLATE BREAD AND BUTTER PUDDING \$3.80**

An Easter twist on the traditional B & B Pudding with rich chocolate, delicious custard & toasted almond flakes (170g)

**GIVEAWAY**

Mention the code word **EASTER21** to receive a free meal to the value of \$7.20 with every \$80 spend\*

\*excluding delivery fee of \$7.50 and not valid with any other offers

**ORDERING**

Monday to Friday 9:00am - 4:00pm  
 Online at [gourmetmeals.com.au](http://gourmetmeals.com.au)  
 Call 1300 112 112 or (07) 5529 3000  
 or pickup at 46/215 Brisbane Road, Biggera Waters

**PROMO VALID: 1ST MARCH 2021 TO 2ND APRIL 2021**

Mention the code word **EASTER21** to receive a free meal from our regular menu to the value of \$7.20 with every \$80 spend. This is excluding the delivery fee of \$7.50 and is not valid with any other offers. Meals shown are serving suggestions only. All details are correct at time of going to press.