

ONE FREE meal of equal or lesser value up to \$3.60 with every \$25.50 spent*

THE NEW 2026

EASTER MENU



#462 GINGER & SOY BARRAMUNDI \$3.60 (30% out of pocket cost) / \$8.40 (70% funded cost)

Barramundi fillet with ginger and soy sauce served with rice, broccoli and Asian greens (280g)



#400 LAMB KOFTA \$3.39 (30% out of pocket cost) / \$7.91 (70% funded cost)

Minced meat koftas flavoured with fragrant spices topped with thick tomato sauce and a drizzle of yoghurt, served with potatoes, pumpkin and spinach (290g)

#421 HAWAIIAN PARMIGIANA \$3.39 (30% out of pocket cost) / \$7.91 (70% funded cost)

Served with a layer of tomato sauce, ham, a slice of pineapple and cheese (280g)



DF DAIRY FREE

GF GLUTEN FREE

HF HIGH FIBRE

HP HIGH PROTEIN

LF LOW FAT

LS LOW SALT

LP LIGHT PROTEIN

#403 ROAST CHICKEN BREAST WITH ALMOND & APRICOT STUFFING \$3.60 (30% out of pocket cost) / \$8.40 (70% funded cost)

Sliced roast chicken breast with almond & apricot stuffing, served with roast potatoes, carrots and broccoli (290g)



HF GF LP

#189 CHOCOLATE MOUSSE \$1.68 (30% out of pocket cost) / \$3.92 (70% funded cost)

A classic chocolate mousse topped with cream (120g)



GF LS



GF

#185 CHOCOLATE PUDDING \$1.68 (30% out of pocket cost) / \$3.92 (70% funded cost)

A delectable chocolate pudding served with chocolate sauce and a creamy custard (170g)

GIVEAWAY

Mention the code word **EASTER26** to receive a **FREE** meal of equal or lesser value up to \$3.60 with every \$25.50 spent*

*Not valid with any other offers

ORDERING

Monday to Friday 9:00am - 4:00pm

Online at gourmetmeals.com.au

Call 1300 112 112 or (07) 5529 3000

or pickup at 46/215 Brisbane Road, Biggera Waters

PROMO VALID: 19TH FEB 2026 TO 2ND APRIL 2026

Gourmet Meals will be closed on Good Friday 3rd April 2026 and Easter Monday 6th April 2026, we will not be delivering on these days. We will reopen on Tuesday 7th April 2026. Meals shown are serving suggestions only. All details are correct at the time of going to press.