Gourmet Meals

1 FREE meal up to the value of \$11.40 for every \$95 spent*

#420 (280g) - \$8.90

🖪 🕕 GF 🕕 349

2024

Ham steak with a creamy sauce, topped with a slice of pineapple served with potato wedges and a medley of carrots, corn and peas

#407 (350g) - \$11.40 Slices of pickled pork in a creamy mustard sauce served with mashed

O STA

potato, carrots and cabbage (FB SB (HP GF (HF 540

Ham and Turkey

#408 (350g) - \$11.40 Glazed ham and turkey served with

gravy, potato and sweet potato bake, pumpkin and Brussels sprouts

HF High Fibre



Low Salt

ORDER NOW:

1300 112 112

FR Fat Reduced

Dear Customer, we thank you for your support over the past year and we wish you and your family a very Merry Christmas and a Happy New Year!

Gluten Free

We will be closed from 4pm Monday the 23rd of December 2024. Re-opening on Thursday the 2nd of January 2025.

GF

Turkey Breast

Pickled Pork

#406 (300g) - \$9.50 Sliced oven roasted turkey breast with apple and sultana stuffing, roast potatoes, green beans and pumpkin (FB) (SB) (GF) (HF) (255)

LF Low Fat

SR Salt Reduced HP High Protein

Ham Steak with Pineapple

lavour

Gourmet Meals





lavour

#422 (280g) - \$9.50

Paired with a sweet and sour sauce on a bed of rice with bok choy and broccoli



#192 (200g) - \$4.60

2024

Berry Fruit Trifle A delicious berry fruit trifle, layered with jelly, cake, custard, mixed berries, and mango (232) B 🕓 G Contains Gluten



Delicious creamy cheesecake topped with a coulis of strawberries, raspberries and blueberries LS GF (446)

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Order now while stocks last! Phone: 1300 112 112 (Mon-Fri 9am-4pm) Online: www.gourmetmeals.com.au Pick up: 46/215 Brisbane Road, Biggera Waters

Berry Cheesecake

For every \$95 spent, mention the code XMAS24 to receive a FREE meal of your choice to the value of \$11.40. A minimum order of \$95 required excluding the delivery fee.

Valid from 13th November 2024 to 23rd December 2024.